

NHCC Counseling and Career Center



Community Connections **MENTAL AND CHEMICAL HEALTH RESOURCES**

Adult Psychiatry Clinic at HCMC

Adult Psychiatry Clinic
Shapiro Building, Suite S1.110 914 S. 8th St.
Minneapolis, MN 55415
Phone: 612-347-2218
Hours: 8 a.m. – 4:30 p.m., Monday through Friday
Services: We provide full psychiatric services to adults aged 18 and older, including evaluation and management, as well as individual and group therapy

Community-University Health Care Center (CUHCC)

Outpatient MH and Case Management Program
www.ahc.umn.edu/cuhcc
2001 Bloomington Avenue South Minneapolis, MN 55404
612-638-0685
Phone: 612-638-0700 x269
Fax: 612-638-0685
Hours: 8 a.m. – 5 p.m., Monday, Wednesday, Friday,
8 a.m. – 7 p.m., Tuesday and Thursday
Services: Individual, couples, family, and group outpatient treatment, mental health case management, adult rehabilitative mental health services (ARMHS), mental health screening and assessment, information and referral, crisis counseling, and support groups. The agency serves primarily low income, minority, or special populations (particularly African Americans, Native Americans, Southeast Asians, Somalis, Latinos, and lesbians and gay men). Priority is given to participants in the agency's medical program, and to residents of south central Minneapolis. The program also works closely with schools and other agencies that focus on minorities. Translators are available for Laotian, Vietnamese, Hmong, Khmer (Cambodian), Spanish, and Somali.

Headway Emotional Health Services (HEHS)

www.headway.org
701 Decatur Avenue North, #109 Golden Valley, MN 55427
Phone: 763-746-2400 Fax: 763-746-2401
Hours: 8 a.m. – 5 p.m., Monday and Friday / 8 a.m. – 6:30 p.m., Tuesday—Thursday
Services: HEHS serves children, adolescents, and adults and offers specialized services for persons recovering from serious and persistent mental illness. Individual, family, and group outpatient treatment, assessment, medication management, treatment for domestic abuse, educational programs, and an outreach program to family resource centers and schools. The County contracts with the Headway Emotional Health Services (HEHS) for medication management services only.

Hennepin County Mental Health Center

www.co.hennepin.mn.us
1801 Nicollet Avenue 2nd and 3rd Floors, Nicollet Exchange Bldg.
Minneapolis, MN 55403
Central Scheduling: 612-596-9438
Fax: 612-879-3824
Hours: 8 am – 5 pm Monday, Tuesday, Thursday, Friday and 8 am – 6 pm Wednesday
Services: Outpatient services for children, adolescents, adults, and families. The Center serves adults with serious mental illness or substance abuse who are currently in crisis or at risk of destabilization. The Center also serves children and adolescents who are severely emotionally disturbed, have been abused or neglected, or have been court ordered for a psychological evaluation. Parents involved in child protection may be seen for evaluation or therapy. Services include consultation, diagnostic assessment, psychiatric and psychological evaluation, individual, family, and group therapy, medication management, co-occurring mental illness and substance abuse. Fees are paid by Minnesota Health Care Programs, Medicare, and most private insurance. Uninsured persons may pay a rate based on income.

North Point Health & Wellness Center

1313 Penn Avenue North Minneapolis, MN 55411
Phone: 612-302-4600 TDD: 612-302-3852
Hours: M-F 8:30 am – 5 pm and Sat. 8 am – noon
One-stop center for medical, dental, mental health, and social services. Interpreters are available for non-English speaking patients. North Point accepts virtually all major medical and dental insurance plans, including Medicaid and Medicare. Low-income patients may be eligible a reduced fee program

The Counseling Department at North Hennepin Community College does not assume responsibility for the quality of services provided by outside agencies or websites listed above. Inclusion on the list does not imply endorsement nor does omission indicate disapproval. This information can be made available in alternate formats by contacting the Disability Access Services Office at 763-493-0555 or by TTY at 763-493-0558

Chemical Health Treatment Programs

Hennepin County does not contract with CD treatment providers. The listing in this directory may be incomplete. For an up-to-date list, check the state Department of Human Services website <http://www.dhs.state.mn.us/Licensing/ProgramLists/pdf/flcdt.pdf>. Search for Hennepin County programs by typing Ctrl-F then type Hennepin in the search box. There are about 64 licensed Chemical Health treatment providers in Hennepin County.

African American Family Services www.AAFS.net

2614 Nicollet Ave Minneapolis, MN 55408
Phone: 612-871-7878 Fax: 612-871-2567

Services: Non-residential treatment primarily for African-Americans age 18 and older. AAFS also offers adult and adolescent chemical health assessments for the Somali population. While AAFS is a culturally specific program, chemical health assessments are available to the general public (non-culturally specific) for all adolescents and adults. AAFS is licensed to provide mental health services and mental health diagnostic services, including. MI/CD dual diagnosis services.

Alliance Clinic www.meridianprograms.com

3329 University Avenue SE Minneapolis, MN 55414
Phone: 612-638-2260 Fax: 612-638-2340

Services: Non-residential narcotic replacement treatment services and maintenance services to men and women, age 18 and older. The Hennepin County Clinical Review Team determines client eligibility for most methadone requests, regardless of treatment funding source.

ARK Counseling/Plymouth (Butts, Lindgren & Assoc.)

1884 Berkshire Lane N. Plymouth, MN 55447
Phone: 763-559-5677 Fax: 763-559-2116

Services: Non-residential treatment and treatment for multiple DWI offender adults age 18 and older. Transportation is available for all services.

Avalon - Prospect Park www.meridianprograms.com

3329 University Avenue SE Minneapolis, MN 55414
Phone: 612-638-2282
Fax: 612-638-2340

Services: Avalon provides a comprehensive non-residential, dual diagnosis mental illness/chemical dependency (MI/CD) treatment services to men and women, age 18 and older. The program includes the use of psychotropic medications, as needed.

Chrysalis, A Center for Women & Tuberman Family Alliance

www.chrysaliswomen.org

4432 Chicago Avenue Minneapolis, MN 55407

Phone: 612-871-0118

Fax: 612-870-2403

Services: Outpatient day and evening treatment for women co-occurring mental illness/chemical dependency disorders. Services include psychotropic medications, prescribed and monitored as needed. On-site childcare is provided for clients receiving services.

CLUES (Comunidades Latinas En Servicio, Inc) www.clues.org

720 East Lake St.

Minneapolis, MN 55407

Phone: 612-746-3500 **Fax:** 612-871-1058

Services: Non-residential chemical dependency and dual diagnosis mental illness/chemical dependency treatment services. Two programs are available: one for Spanish-speaking only men and women, age 18 year and older, and another for Hispanic adolescents, age 13 - 17. CLUES is also a licensed Rule 29 mental health facility.

Fairview Behavioral Services Adult MI/CD Program www.fairview.org

Fairview-University Medical Center,
Riverside Rehabilitation Center R120

2450 Riverside Avenue

Phone: 612-672-2736 (Intake)

Minneapolis, MN 55454 MI/CD

Program Phone: 612-672-5060

Programs: **Fax:** 612-672-6572

S.T.O.P. (Adolescent-Short Term Outpatient Preparation) **Fax:** 612-673-4860

S.T.O.P. is an evaluation unit, but also prepares adolescents for outpatient treatment and provides inpatient chemical health treatment to adolescents age 12 through 17.

▪ **Adult Services Phone:** 612-273-4442

Serves men and women, age 18 and older **Fax:** 612-273-4444

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□ Hearing Impaired Phone: 612-273-4402
Serves hearing-impaired men and women, age 16
and older TDD: 612-273-4114
Fax: 612-273-4516

□ Fairview Behavioral Services—(non-residential)
Central Intake Phone: 612-672-2222
*contact Central Intake for all referrals Fax: 612-
672-6572

□ Fairview Behavioral Services, Crystal
2960 Winnetka Avenue N., Crystal, MN 55427
Phone: 763-541-4993
Fax: 952-924-5808
This program serves adolescents and adults.

□ Fairview Behavioral Services, Edina
Southdale Place Building Phone: 952-924-5901
Fax: 952-924-5808
3400 West 66th St, Suite 400, Edina, MN 55435
This program serves men and women, age 18 and
older.

□ Fairview Behavioral Services, Riverside
Fairview-University Medical Center Phone: 612-
672-6572
2450 Riverside Avenue, Minneapolis, MN 55454
Fax: 612-672-4444

North Point Health and Wellness Center Inc.

1315 Penn Avenue, Minneapolis, MN
Phone: 612-543-2740

Primary services hours: Monday, Tuesday,
Thursday, and Friday from 9:00 a.m. to 6:00
p.m.

Services: Adult outpatient mental health and
chemical dependency/abuse treatment ser-
vices. Therapeutic techniques include moti-
vational interviewing, client-centered thera-
py, cognitive behavioral therapy, health real-
ization, relapse prevention, individual talk
therapy, and group therapy. Clients partici-
pate in group lectures and individual sessions
according to their treatment plan. Integrated
comprehensive medical and social services
enhance personal recovery, self-
actualization, stability, and independence.
Mental health and chemical health issues are
addressed throughout all activities and treat-
ment objectives. to achieve the best possible
outcome. Family and significant others are
encouraged to participate in the client's
recovery and, with appropriate releases,
family may meet with counselors or
therapists.

Walk-In Counseling Center www.walkin.org

2421 Chicago Avenue South Minneapolis, MN 55404

Phone: 612-870-0565

Fax: 612-870-4169

Counseling Hours: 1 p.m. – 3 p.m. Monday, Wednesday, Friday **and** 6:30 p.m. – 8:30 p.m.,

Monday – Thursday

Office Hours: 8 a.m. – 5 p.m. Monday – Friday

Services: Unscheduled counseling and short-term treatment services to individuals and families. Services are primarily for persons who feel alienated from other resources, or are unaware of available resources, and are provided on a free, walk-in basis, generally for no more than five sessions. When necessary, the agency refers clients to other mental health and human service providers. The agency also provides consultation and training services to a variety of community agencies.

Tubman and the Link

3111 First Ave S

Mpls, MN 55408

24 Hour Crisis Line

Serving low income young adult survivors of domestic violence dating violence, sexual assault and stalking

Adult Mental Health and Chemical Dependency Services of Minnesota Medical Center Fairview

2450 Riverside Ave, Mpls 55454

Chemical programs though out the Twin Cities Metro Area.

COPE Community Outreach for Psychiatric Emergencies

612-596-1223

Call 911 for Life Threatening Emergencies

Walk In Counseling Center

2421 Chicago Ave S. Mpls 55404

612-870 0565

Short Term face to face counseling serving people of all ages.

Community Corner

1500 69th Ave N

Brooklyn Center 55430

Community Corner is a collaboration of the NW Hennepin Family Services and Brooklyn Center Schools and the City of Brooklyn Center

Chemical Health Assessment Services

Several agencies throughout the community provide Rule 25 chemical use assessments. To obtain information about eligibility and resources to obtain a chemical use assessment, contact the Front Door at 612-348-4111.

Hennepin County Chemical Health Placement Review Team

Central CH Access Unit – Hennepin County Chemical Health Placement Review Team

1800 Chicago Avenue

Phone: 612-879-3671

Minneapolis, MN 55404

Fax: 612-466-9565

The CH Placement Review Team reviews chemical use assessments of Hennepin County residents whose substance abuse/addiction treatment will be paid for by the state Consolidated Chemical Dependency Treatment Fund (CCDTF). Treatment providers designated to provide assessment services for Hennepin County residents must fax assessments to the placement team for treatment authorization. A Client Placement Authorization form must be signed by the county before a provider can accept a client for treatment.